



Over the Rainbow 5k & 1 Mile Family Fun Walk

Inaugural Event

Benefiting the Medstar Franklin Square Foundation NICU Campaign

Sunday, April 15, 2018

Bel Air Athletic Club 658 Boulton Street, Bel Air, MD 21014

"Life isn't about waiting for the storm to pass; it's about learning to dance in the rain." ~Vivian Green

The *Over the Rainbow 5k* is a race to celebrate the beauty that is part of the storm. It is also a celebration of the brief yet meaningful life of my son, Garrett, and all of those we love who have made an impact in our lives and hearts. This race was established to raise funds for the NICU at Medstar Franklin Square Medical Center so that any baby born there has the best fighting chance to come home.

Start Times: 5k @8:00AM 1 Mile Fun Walk: Immediately following 5k start

Entry Fee: • \$30 Early Registration by February 28

- \$35 Regular Registration by March 31
- \$40 Late Registration After April 1 (Available Online Only; t-shirt not guaranteed)
- \$20 Participants Age 14 & Under Any Time (mail-in Only)

Amenities: T-Shirt for each participant (sizes guaranteed for first 100 early or regular registrants only), water and refreshments

Packet Pick-Up: Friday April 13 and Saturday April 14 @

Independent Brewing Company and the Bel Air Athletic Club - Times to be announced

Awards: • Top 3 Overall Male and Female Finishers

- First Place Male and Female Age Group Finishers
- 14 & Under, 15-19, 20-29, 30-39, 40-49, 50-59, 60 & Up

Course: Starts at the Bel Air Athletic Club – the course will be an "out and back" utilizing the Spur and the Ma & Pa Heritage Trail

REGISTRATION FORM No Mail-In's Accepted after April 1. Register online through Active.com

First Name	Last Name	MI
Mailing Address		
City	State	Zip
Phone		
Email		

Age on race day Birth Date M/F Shirt Size (S/M/L/XL)

T-Shirt Guaranteed for first 100 early or regular registrants. Sizes are limited and not guaranteed.

Make Checks payable to:

Over the Rainbow 5k

Mail Checks to: Ecotone Inc.

Attn: Over the Rainbow 5k
2120 High Point Road
Forest Hill, MD 21050

Please check next to the correct amount:

- ☐ Early Registration \$30
☐ 5k Run/Walk ☐ 1 Mile Family Fun Walk
- ☐ Regular Registration \$35
☐ 5k Run/Walk ☐ 1 Mile Family Fun Walk
- ☐ 14 & under \$20
☐ 5k Run/Walk ☐ 1 Mile Family Fun Walk

For more information, visit our
Facebook Page "Over the Rainbow 5k"

WAIVER/RELEASE:

Must Be Signed Before Mailing:

In consideration of the acceptance of my entry, I, on behalf of myself, my heirs, executors and assignees, hereby release and discharge Over the Rainbow 5k, the race director, Harford County, volunteers and race sponsors of all claims, damages, demand, actions, whatsoever in any manner arising out of my participation in said athletic event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate. Further, I hereby grant full permission to any and all of the foregoing to use my name photographs, recordings and other record of this event for any legitimate purpose, without compensation or remuneration.

Signature (parent or guardian signature if under 18)

Date