

RASAC Spring Forward Guyton Road 4.6 Mile Trail Run
Snowflake Series
March 8, 2009
Lower Gunpowder

1. Rick Thompson 43:01
2. Kirk Ingold 43:40
3. Bob Gross 44:57
4. Scott Schoeb 46:35
5. Jeff Damiano 49:18
6. Dave Brond 49:49
7. Christine Trzcinski* 50:07
8. Matt Bowling 50:08
9. Rob Stevenson 52:08
10. Scott Smith 52:15
11. Margaret Starnes* 53:12
12. Mike Hollandsworth 53:48
13. Jeff Hinte 54:00#
14. John Bode 54:12
15. Steve Jackovitz 54:20
16. Steve Boutilier 55:11
17. Hugh McCusker 55:43
18. Mike Frank 55:47#
19. Mike Trott 56:54
20. Bill Sangtinette 56:59
21. John Wrobel 57:25
22. Chris Batten 57:25
23. Phil Anderson 57:52
24. Lonnie McNew 58:22

25. Jim Wannamaker 58:30
26. Sasha Wrobel* 58:45
27. Len Wrabel 58:45
28. Donna Lewis* 59:22
29. Ken Szymanski 59:25
30. Karen Henry* 59:43
31. Ron Trzcinski 59:50
32. Offie Clark 60:00#
33. Donna Cannella* 1:00:58
34. Nicole Bear* 1:04:57
35. Joe Emala 1:10:19
36. Megan Stevenson* 1:10:20
37. "Izzy" Starnes 1:58:30
38. Dave Starnes 1:58:40

The temperature was in the low 50's but very nice out and the trails were soft.

Some hooligans (who are NOT eligible for RASAC membership) moved the course markings taking several people in the wrong direction twice, but several runners attempted to correct things during the run

- denotes runners who started late

Best blood award goes to Phil Anderson

RD: Seth McElroy with support from "Buddy" dog McElroy