

Guyton Road 6 Mile Trail Run
September 26, 2010

1. Paul Badders 47:27
2. Jeff Hinte 47:34
3. Jeff Abando 51:07
4. Rick Thompson NT
5. Rick Bishop 53:37
6. Scott Hornung 53:38
7. Matt Rothwell 53:39
8. Moira McGill 1:02:52
9. Margaret Starnes 1:02:53
10. Tim Amos 1:03:25
11. Jim Wannamaker 1:04:50
12. Luke Brandonisio NT
13. Kelly Foard 1:18:24
14. Brad Cofrancesco 1:18:28
15. Jim Foard 1:28:52

It was a beautiful day to run in the woods; cool and overcast, turning to rain.... Just what the doctor ordered after last week's heat.

The Gunpowder White trail received top marks from all the runners. One of the most forgiving trails in our area, it boasts mostly smooth single track along the Little Gunpowder River, with one small climb up to the waterfall on Dick's Branch. If you haven't run it, you should!

Congratulations to all of the runners on a great day!

Thanks,

Steve