

Rasac - Up, Down, Flat in Susquehanna State Park

Date: 1/19/2015

Distance: 6.3 miles

Notes: Race was cancelled and turned into a FUN run. Most ran the normal 5K road out and back course. After talking to Jeff Burger (V.P. of Rasac) we agreed to cancel the race and turn it into a FUN run. The rain started around 7:30 am and turned the roads into ice. All members who signed up will get credit for their snowflake award.

No.	Men	Age	Sex
1	Kirk Ingold	48	M
2	Tim Eder	67	M
3	Ron Keith	53	M
4	Duane Christy	?	M
5	Rob Bartholomew	50	M
6	Paul Perkovich	49	M
7	James Longworth	31	M
8	John Wrobel	55	M
9	John Miller	46	M
10	Rob Stevenson	36	M
11	Mike Trott	61	M
12	Zach Zacher	35	M
13	DavidStevenson	39	M
14	Scott Smith	48	M
15	Dan Petz	31	M
16	James Pou	44	M
17	Mark Hall	57	M
18	Jeff Burger	38	M
19	Anthony Mangine	41	M
20	Mike Kemen	51	M
21	Eric Johnston	51	M
22	Jim Wannamaker	66	M
23	John Burghardt	33	M
24	John Jagde	54	M
25	Ron Trzcinski	??	M
26	Bernie Gemmil	??	M

No.	Female	Age	Sex
1	Cathy Bartholomew	56	F

2	Monica Levandesky	57	F
3	Madelyn Miller	16	F
4	Megan Stevenson	35	F
5	Gwyneth Lewis	46	F
6	Dina Lastner-Sandruck	41	F
7	Tabitha Petz	29	F
8	Gail Adams	56	F
9	Tarah Wilson	41	F
10	Margie Galleghar	56	F
11	Dayna Timmins	47	F
12	Karen Harkins	35	F
13	Eliza Herman	35	F
14	Jen Streib	40	F
15	Katie Streib	32	F
16	Adine Cumberland	39	F
17	Maggie McDeritt	48	F
18	Andi Miller	46	F

R.D.

Conditions:

Note:

Phil Anderson

Rain turned the roads to ice. About 31 degrees at the start

Zach Zacher ran the full 6 + miles and said that was the top 5 worst conditons he has every run in.

Here is a picture just before the start of the FUN Run.

