

# MARK SALKOWSKI MEMORIAL 5K & 1K FUN RUN

Mark Salkowski was a loving and dedicated father, husband, brother and friend. In April of 2015 Mark was diagnosed with Glioblastoma, an aggressive form of brain cancer. After months of fighting this deadly disease he passed away in December of 2015. Throughout his life Mark loved fitness and exercise. One of his favorite forms of exercise included running many 5K runs over the years. Join us in honoring Mark and helping in the fight against Glioblastoma. All proceeds from this event will be donated in Mark's name to *The Mussela Foundation for Brain Tumor Research & Information, Inc.*

## JOIN US IN THE FIGHT AGAINST GLIOBLASTOMA "YOU'RE LIKE ROCKY, BABY!"

**When:** Saturday, June 2, 2018 at 9:00. Registration and packet pick-up begins at 7:30.

**Where:** The Ma & Pa Trail in Bel Air, Maryland. Starting and finishing at Williams Street.

**What:** Out & Back 5K run on the beautifully wooded Ma & Pa Trail. A 1K Fun Run/Walk will begin 5 minutes after the start of the 5K.

**Cost:** \$20. For pre-registration <https://www.wizathon.com/walktoendbraintumors-md>

**Timing:** Timing provided by Maryland Timing

**Tee Shirts will be provided to the first 100 participants that register by May 19, 2018.**

Post-run gathering will be held at *Independent Brewing Company*.

Food Truck will be available for purchasing food

Questions: Contact Neil Salkowski at [neilsal@aol.com](mailto:neilsal@aol.com) or 410-458-6754

### Registration Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Male/Female: \_\_\_\_\_ Age: \_\_\_\_\_ Shirt Size: \_\_\_\_\_ (S, M, L, XL)

Event: \_\_\_5K\_\_\_/\_\_\_1K Fun Run\_\_\_ (Circle One) Additional Donation Amount: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email Address: \_\_\_\_\_